

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 October 2026				1 *new day for Aerobics* 8:15 Aerobics w/DVD 8:30 – 11:30 BP Checks w/Nurse Mary Lou 9:30 Walk Club w/DVD 11:30 S & S w/Mary Lou	2 10:30 – 12:00 Beg MahJongg (early meetup time this day, only)	3 2 Celebration of Life Service for Ralph Cowdery Simchat Torah Begins
4 Regular trash pick-up for Columbus Day holiday week. And, the MT Office is open.	5 8:15 Aerobics w/DVD 10:00 Koffee Klatch 3 - 4 Meditation Class w/Noni 6 MahJongg	6 Kathy H 9:30 Walk Club w/DVD 11 Mindful Movement w/Sue ~ \$3	7 10:30 Trip to Tim's Pumpkin Patch & Lunch ~ \$5 trip Fee	8 Peggy M 8:15 Aerobics w/DVD 8:30 – 11:30 BP Checks w/Mary Lou 9:30 Walk Club w/DVD 12:30 Ladies Lunch \$5 fee ~ RSVP by 10/6	9 1:30 Beg MahJongg	10 Sue D, Tom A & Connie M Towne Center Reserved All Day
11 Barb C Bridge 12 - 4	12 8:15 Aerobics w/DVD 10:00 Koffee Klatch 1:30 Chair Yoga w/Kim 6 MahJongg Indigenous Peoples' Day Columbus Day (U.S.) Thanksgiving Day (Canada)	13 9:30 Walk Club w/DVD 11 – 11:30 BP Checks 11:30 – 12:00 S & S 1-3 Syr Home Aux. meets	14 9:30 Last Computer Class of 2026 w/Tom B ~ \$3 2 – 3:30 Show, tell & smell w/Mary Kay cosmetics – Free! 5 Pizza & a Movie w/George "My Fair Lady" Food Fee ~ \$3/Movie ~ Free	15 8:15 Aerobics w/DVD 8:30 – 11:30 BP Checks w/Nurse Mary Lou 9:30 Walk Club w/DVD 10 Pointe Place Casino & Lunch ~ \$5 Trip Fee 11:30 S & S w/Mary Lou	16 Kim S Rita S 1:30 Beg MahJongg	17 5:00 Social Committee Dinner ~ Spaghetti Dinner must pay by 10/12
18 Important: ~ Turn the calendar <u>over</u> for more helpful info. ~ You must sign up for Activities in bold .	19 Sue S 8:15 Aerobics w/DVD 10:00 Koffee Klatch 1 – 2:30 "Crafty Corner" w/Maddy 3 - 4 Meditation Class w/Noni 6 MahJongg	20 9:30 Walk Club w/DVD 11 Mindful Movement w/Sue ~ \$3 2 Great Decisions Discussion w/George 6 Bingo w/Maddy	21 10:30 Chair Yoga w/Kim 4 Happy Hour w/Carol & Team	22 8:15 Aerobics w/DVD 8:30 – 11:30 BP Checks w/Nurse Mary Lou 9:30 Walk Club w/DVD 11 Trader Joe's & Lunch Trip ~ Free 11:30 S & S w/Mary Lou	23 1:30 Beg MahJongg	24 Patrick L 2:00 – 3:30pm Trunk or Treat at Syr Home – look for info in your MT mailbox RSVP by 10/16 to participate or volunteer
25 Bridge 12 - 4	26 8:15 Aerobics w/DVD 10:00 Koffee Klatch 1 - 3 Game Time 6 MahJongg	27 Carol J 9:30 Walk Club w/DVD 11 – 11:30 BP Checks 11:30 – 12:00 S & S 2 Bingo w/Shawnie ~ \$2	28 Bill K 9:30 RA Board meets 2 MT Book Club meets 2 Leaf Peeping Ride for those who typically don't go on trips ~ \$5 5 - 9 TC Reserved	29 Carol F 8:15 Aerobics w/DVD 8:30 – 11:30 BP Checks w/Nurse Mary Lou 9:30 Walk Club w/DVD 11:30 S & S w/Mary Lou 3:30 Nov Act/Trip planning 4:30 Out to Supper ~ \$5	30 Jane S Ginny B 8 Men's B-fast ~ \$5 Food Fee 1:30 Beg MahJongg	31 6:30 – 9pm 2nd movie night w/George! 🍻 "Beetlejuice" w/cider & donuts \$3 ~ Food Fee Movie ~ Free Halloween